The UW Psychiatry Consultation Line (PCL) helps eligible providers in Washington state who want clinical advice regarding adult patients (18+)* with mental health and/or substance use disorders. The program is fast, free, and connects community providers to psychiatrists at the University of Washington. The UW Psychiatry Consultation Line is funded by the Washington State Legislature.

Why PCL?

Increased access to mental health care can lead to earlier diagnosis, improved adherence to evidence-based treatment, and better patient outcomes. The prescriber-to-prescriber service provides mental health consultation when and where providers need it.

How does PCL work?

Providers call **877-WA-PSYCH** (**877-927-7924**) and after a short intake with a UW health navigator, consult with a UW psychiatrist about a patient case or general mental health questions. Within one business day of the conversation, the UW psychiatrist sends a brief written documentation of the recommendations via email.

Who is eligible to call?

Prescribing health care providers in Washington state from:

- primary care clinics
- community hospitals and emergency departments
- county and municipal correctional facilities

Why would I call?

You have questions about:

- assessment and diagnosis
- treatment planning, including medication management or other treatments

When are PCL psychiatrists available?

The consultation line is staffed **8 AM - 5 PM, Monday through Friday** (closed on federal and UW holidays). If calling outside of business hours, providers can leave a message which will be returned within one working day. PCL will be available 24/7 beginning July 1, 2020.

Learn more: Visit <u>www.uwpsychiatry.org/pcl</u> or email <u>PCLWA@uw.edu</u>

*Providers with patients under 18 will be directed to the Partnership Access Line (PAL): 866-599-7257; Providers caring for pregnant or new moms will be directed to the PAL for Moms line: 877-725-4666



